

Key Areas of Focus

- Characterization of cardiac and respiratory dysfunction in epileptic seizures
- Identification of cardiorespiratory control/modulation sites in the brain
- Identification of clinical biomarkers of SUDEP risk
- Identification of imaging biomarkers of SUDEP risk
- Creation of a large, multimodal, prospective database of high-risk, near-SUDEP and SUDEP patients as an open resource for SUDEP researchers
- Mentorship of a new generation of SUDEP researchers

SUDEP, Convulsive Seizure Severity and their Biomarkers



Peri-ictal cardio-respiratory dysfunction a) Ictal Central apnea

FULL-LENGTH ORIGINAL RESEARCH

Epilepsia

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P7-A1

Fo2-A2

F8-A2

T8-A2

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T8-P8

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F3-C3

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P3-01

Fo2-F4

F4.C4

C4-P4

P4-02

F2-C2

(7-P7

EKG1-7

FKG3-4

Thoracic

The incidence and significance of periictal apnea in epileptic seizures

Nuria Lacuey¹ > | Bilal Zonjy² + Johnson P. Hampson¹ + M. R. Sandhya Rani² + Anita Zaremba² + Rup K. Sainju^{2,3} + Brian K. Gehlbach^{2,3} + Stephan Schuele^{2,4} + Daniel Friedman^{2,5} + Orrin Devinsky^{2,5} + Maromi Nel^{2,6} + Ronald M. Harper^{2,7} + Luke Allen^{2,8} + Beate Diehl^{2,8} + John J. Millichap^{2,9} + Lisa Bateman^{2,10} + Mark A. Granner² + Deidre N. Dragon² + George B. Richerson^{2,3} + Samden D. Lhatoo^{1,2}

Summary

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Funding information Center for SUDEP Research; NIH/NINDS Grant/Award Number: U01-NS090405 U01-NS090407 UO1-NS090415 Objective: The aim of this study was to investigate periictal central apnea as a seizure semiological feature, its localizing value, and possible relationship with sudden unexpected death in epilepsy (SUDEP) pathomechanisms.

Methods: We prospectively studied polygraphic physiological responses, including inductance pledhysmography, peripheral capillary oxygen saturation (SpO₂), electrocardiography, and video electroencephalography (VEEG) in 473 patients in a a multicenter study of SUDEP. Seizures were classified according to the International League Against Epilepsy (ILAE) 2017 seizure dassification based on the most prominent clinical signs during VEEG. The putative epileptogenic zone was defined based on clinical history, seizure semiology, neuroimaging, and EEG.

Results: Complete datasets were available in 126 patients in 312 seizures. Ictal central apnea (ICA) occurred exclusively in focal epilepsy (51/109 patients [47%] and 103712 seizures [36.5%]) (P < .001). ICA was the only clinical manifestation in 16/103 (16.5%) seizures, and preceded EEG seizure onset by 8 ± 4.9 s, in 56/103 (54.3%) seizures. ICA \geq 60 s was associated with severe hypoxemia (SpO₂ <-75%). Focal onset impaired awareness, FiCA) motor onset with automatisms and FOA nonmotor onset semiologies were associated with ICA presence (P < .001). ICA duration (P = .002), and moderate/severe hypoxemia (P = .04). Temporal lobe epilepsy was highly associated with ICA in comparison to extratemporal epilepsy (P = .001) and frontal lobe epilepsy (P = .001). Isolated postical central apnea was not seen; in 3/103 seizures (3%). ICA persisted into the postical period.

Significance: ICA is a frequent, self-limiting semiological feature of focal epilepsy, often starting before surface EEG onset, and may be the only clinical manifestation of focal seizures. However, prolonged ICA (260 s) is associated with severe hypoxemia and may be a potential SUDEP biomarker. ICA is more frequently seen in temporal than extratemporal seizures, and in typical temporal seizure semiologies. ICA rarely pensits after seizure end. ICA agnosai is typical.



Aprea Onset

Peri-ictal cardio-respiratory dysfunction b) Post-convulsive central apnea <u>+</u> bradycardia

ARTICLE

Postconvulsive central apnea as a biomarker for sudden unexpected death in epilepsy (SUDEP)

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ARTICLE

Postictal serotonin levels are associated with periictal apnea

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Higher serotonin levels relate to lower seizure-related breathing dysfunction Postictal serum 5-HT levels (5-HT) levels Epilepsy **Monitoring Unit** Sudden unexpected death in epilepsy (SUDEP) No ICA Changes in heart rate ictal central Abnorma apnea (ICA) peri-ictal nostconvulsive PCCA No PCCA central apnea (PCCA) Study question What is the relationship between peri-ictal Higher levels of postictal serum 5-HT correlate with breathing and serum 5-HT levels during lower incidence of seizure-related breathing interictal and postictal phases in patients with dysfunction, implicating serotonin in possible intractable epilepsy? physiologic changes protecting against SUDEP.



Peri-ictal cardio-respiratory dysfunction c) Functional evidence of brainstem compromise

FULL-LENGTH ORIGINAL RESEARCH

Ventilatory response to CO₂ in patients with epilepsy

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Funding information

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Summary Objective: Severe periictal respiratory depression is thought to be linked to risk of sudden unexpected death in epilepsy (SUDEP) but its determinants are largely unknown. Interindividual differences in the interictal ventilatory response to CO2 (hypercapnic ventilatory response [HCVR] or central respiratory CO2 chemosensi tivity) may identify patients who are at increased risk for severe periictal hypoventilation. HCVR has not been studied previously in patients with epilepsy; therefore we evaluated a method to measure it at bedside in an epilepsy monitoring unit (EMU) and examined its relationship to postictal hypercapnia following generalized convulsive seizures (GCSs) Methods: Interictal HCVR was measured by a respiratory gas analyzer using a

Epilepsia

modified rebreathing technique. Minute ventilation $(V_{\rm F})$, tidal volume, respiratory rate, end tidal (ET) CO₂ and O₂ were recorded continuously. Dyspnea during the test was assessed using a validated scale. The HCVR slope ($\Delta V_{\rm P} / \Delta \text{ETCO}_2$) for each subject was determined by linear regression. During the video-electroencephalography (EEG) study, subjects underwent continuous respiratory monitoring, including measurement of chest and abdominal movement, oronasal airflow, transcutaneous (tc) CO2, and capillary oxygen saturation (SPO2).

Results: Sixty-eight subjects completed HCVR testing in 151 ± (standard deviation) 58 seconds, without any serious adverse events. HCVR slope ranged from -0.94 to 5.39 (median 1.71) L/min/mm Hg. HCVR slope correlated with the degree of unpleasantness and intensity of dyspnea and was inversely related to baseline ETCO2. Both the duration and magnitude of postictal tcCO2 rise following GCSs were inversely correlated with HCVR slope.

Significance: Measurement of the HCVR is well tolerated and can be performed rapidly and safely at the bedside in the EMU. A subset of individuals has a very low sensitivity to CO2, and this group is more likely to have a prolonged increase in postictal CO₂ after GCS. Low interictal HCVR may increase the risk of severe respiratory depression and SUDEP after GCS and warrants further study.

ss, epilepsy, generalized convulsive seizures, hypercapnia, SUDEI

KEYWORDS







Time (s)



Fig. 1. Premorbid cardiorespiratory dysregulation and brainstem SD in Kv1.1 mutant associated with cortical seizures in vivo. (A) Diagram of experimental setup for application of 4AP and recording of EEG and brainstem DC potentials in spontaneously breathing urethane-anesthetized juvenile mice (P18 to P25). (B) Illustration of brainstem recording area (red circle). (C) Time until death in Kv1.1 wild-type (WT) and KO mice after focal 4AP application. (D and E) Representative traces of premorbid sequence of the cortical EEG, brainstem DC current, ECG, and respiration in two Kv1.1 KO mice. Expanded traces shown in the lower half of the panels illustrate the temporal association between loss of cortical EEG activity, brainstem SD, and development of cardiorespiratory arrhythmias. Asterisk, gasping. (D) Immediate postictal EEG flattening tightly coupled to onset of cardiorespiratory dysregulation and brainstem SD. Vertical scales cortical EEG, 0.35 mV; brainstem DC, 5 mV; ECG, 0.22 mV; respiration, arbitrary units. (E) Delayed cortical suppression and cardiorespiratory shutdown >10 min after final intense seizure activity. The respiratory trace in the box is further expanded and shown in the inset. Vertical scale: cortical EEG, 0.31 mV; brainstern DC, 18 mV; ECG, 0.43 mV; respiration, arbitrary units.

Peri-ictal cardio-respiratory dysfunction d) Structural evidence of brainstem compromise

RESEARCH ARTICLE

Brainstem network disruption: A pathway to sudden unexplained death in epilepsy?

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The ventrolateral medulla and medullary raphe in sudden unexpected death in epilepsy

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Figure 3 Sectonergic neurons: (A) Tryptophan hydroxylass (TPH2) labelling in the median raphe showing distinct neuronal labelling and processes: (B) In the YLM, reduced density of neurons were noted (inset cluster of neurons in the floor of the fourth ventricle were occasionally also noted). (C) TPH2-positive neurons and coarse dendrites in VLM with occasional fine axon crossing in the background (arrow). Inset: TPH2 positive neurons in VLM with more peripheral labelling pattern was occasionally noted. (D) Bar chart showing the differences in labelling index between the groups in the VLM, which was significantly lower in SUDEP groups than non-pilepsy controls. (E) Ling graph of mean TPH2 cell counts between groups (mean values and standard deviation show as error bars) in the VLM with obex intervals were lower for the SUDEP and enginery controls (E) Ling graph of mean (PEC) at all levels, with the granest statistical difference noted between all eqlipsy controls. (E) Ling graph of TPH2 labelling in medulary raphe and VLM (shown as dashed lines and single lines, respectively) of mean values (and error bars representing standard deviations) with respect to obex levels for definite SUDEP and non-epilepsy sudor (SLD). A positive correlation of medulary raphe labelling index with thore rostral obex levels (P = 0.01) was noted and lower labelling index. Not Note rostral obsci levels (P = 0.01) was noted and lower labelling index. Not Note rostral obsci levels (P = 0.01) was noted and lower labelling index. Not Note rostral obsci levels (P = 0.01) was noted and lower labelling index. Note Note Revis (P = 0.01) was noted and lower labelling index. Note Note Revis (P = 0.01) was noted and lower labelling index. Note Note Revis (P = 0.01) was noted and lower labelling index. Note Note Revis (P = 0.01) was noted and lower labelling index. Note Note Revis (P = 0.01) was noted and lower labelling index. Note Note Revis (P = 0.01) was noted and lower labelling index. Note Note Revis (P = 0.01) was note

Peri-ictal cardio-respiratory dysfunction e) Premortem identification of brainstem dysfunction





Other types of cardio-respiratory dysfunction



Cardio-respiratory Control and Modulation sites a) Location

ARTICLE

Limbic and paralimbic structures driving ictal central apnea

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Cardio-respiratory Control and Modulation sites b) Damage

doi: 10.1093/brain/awv233	BRAIN 2015: 138; 2907-2919 2907
BRAIN A JOURNAL OF NEUROLOGY	

Structural imaging biomarkers of sudden unexpected death in epilepsy

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Neuroimaging of Sudden Unexpected Death in Epilepsy (SUDEP): Insights From Structural and Resting-State Functional MRI Studies

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Structural imaging studios

Key Findings

- Premortem risk may be indicated by prolonged ictal central apnea, post-convulsive central apnea <u>+</u> bradycardia, abnormal HCVR, (PGES)
- Abnormal peri-ictal cardiorespiratory responses indicate brainstem dysfunction
- There are both structural (MRI and neuropathology) and functional (fMRI/HCVR) indicators of brainstem damage in persons with epilepsy
- There is temporal accrual of risk more damage/dysfunction is seen with long duration of epilepsy, and/or proximity to death
- Identification of cardio-respiratory modulation sites in the human brain; some of these sites suggest potential for neuromodulation, breathing rescue and targeted SUDEP prevention
- Strong evidence of brainstem contributions to SUDEP
- Case control prospective study

The CSR Informatics and Data Analytics Core



Current CSR Database-related Projects



David Auerbach PhD Prevalence and triggers for ECG abnormalities and arrhythmias in patients with epilepsy CURE 2021



Nuria Lacuey MD PhD Defining Breathing Network Neuromodulatory Approaches for Prevention of SUDEP CURE 2020

Rup Sainju MD CO2 Responses in SUDEP CURE 2016



Licong Cui PhD An informatics framework for SUDEP Risk Marker Identification and Risk Assessment NINDS 5R01NS116287



